# WOMID: A mentoring initiative for women working in international development aims to connect research and practice.

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Balancing the early stages of a research career, while simultaneously keeping up to date with developments in the field generates some unique requirements for researchers in international development. WOMID is a new global mentoring initiative for women, facilitating mentorship between early career academics and practitioners. Alex Dorgan and Beth Harrison, who co-founded WOMID based on their own experiences of doing PhDs, explain what WOMID is all about and how you can get involved.



Women Mentoring in International Development (WOMID) is a new initiative for women (including all those who identify as women) which facilitates mentorship between early career academics and practitioners working in the international development space across the globe.

#### The idea is to:

- 1. Support early career female academics especially PhD and post-doctoral researchers who want to move towards more practical and applied development work whether in academia or outside;
- 2. Facilitate knowledge exchange on current practice in the field and front-line research as well as sharing life experiences of working in the international development sector;
- 3. Contribute to the bridging between research, policy and practice, including potential collaboration; and
- 4. Build a network of women in international development, facilitate a learning hub, and use these as a platform to provide support for members.

As of September, WOMID has had registrations from over 70 mentees and over 40 mentors across almost 30 countries including from institutions such as IIED, Womankind Worldwide, Oxfam, CAFOD, Save the Children, the National Centre for Technology Management (Nigeria), University of Colombo (Sri Lanka), Utrecht University (the Netherlands), and Stellenbosh University (South Africa) to name just a selection.



Image credit: James Stewart (CC-BY)

### Where did the idea for WOMID come from?

Earlier this year, over a refreshing post-conference drink (or two), the two of us were discussing how great it had been to connect with some amazing and awe-inspiring women working in the development field. We had been fortunate enough to meet several genuinely lovely, approachable, supportive and inspiring women who were working on related areas of international development to our PhDs, but outside of academia.

Having undertaken both fieldwork in our case study countries (Tanzania and Zimbabwe), as well as a UK Economic and Social Research Council (ESRC) funded Overseas Institutional Visit (in Kenya and South Africa), we have both had the opportunity to meet some amazing women working on development issues in these countries, and this was something that we both found highly valuable. Finally, through our social networks – and sometimes at more applied conferences – we met some incredibly supportive and approachable women working in international development based nearer to home. All these women provided us with advice, guidance, reassurance, and an invaluable perspective from outside academia – something that we found particularly helpful both personally, and professionally.



# WOMID's co-founders, Beth and Alex; and WOMID planning in London.

One of the most rewarding things we've found about talking with these women, is not just that they are supportive, inspirational and lovely people, but also that they are genuinely interested in hearing about our research and can often offer a completely different perspective on it. And of course, it has been great for our career opportunities! We thought it was important that other early career academic women realised how much support is out there for them as well and thought of providing a structured means for this to happen.

We had both also been part of a conference organised by the Researchers in Development Network (RiDNet) at the University of Leeds earlier in the academic year. The conference focused on whether research makes a difference in development and how to bridge the gaps between research, policy, and practice. One of the solutions discussed was to increase the communication between researchers and practitioners/policy makers (read about the 5 recommendations to emerge from the conference as another of LSE Impact Blog's posts here).

We realised that a mentoring scheme that directly connects a new generation of researchers to those working in development practice would be a start in creating these relationships, and could offer a relatively simple and effective way to provide networking and mentoring opportunities to other early career researchers. We did some brainstorming, and WOMID was born.

It was therefore our own experiences of developing valuable relationships with inspiring women working in development – but a lack of a more formal and structured pathways to do so – that prompted us to set up WOMID. The initial response we have received to WOMID since sharing it with our own networks has demonstrated a real demand for an initiative like this.

"knowledge on how to make my "encouragement" "understanding of research effective and meaningful skills I need to from a development perspective" "career choices and how develop" to combine private life "alternative voice" with career in the long "push me towards more grounded term" and more rigorous research" "advocacy" "exchange of ideas, energy, passion for "build up confidence levels as a the community" PhD student"

# Quotes from registered mentees on what they hope to get out of WOMID

# What is WOMID trying to achieve?

WOMID consists of four key elements: mentoring, bridging, networking and sharing.

## Mentoring

Mentoring has a widely varied interpretation depending on the situation and context. At WOMID, mentoring refers simply to a more experienced or knowledgeable person providing guidance and personal or professional development to a less experienced or knowledgeable person in an area of expertise.

In the case of WOMID, the 'area of expertise' is experience working in international development, whether in practice on the ground, through policy development, or research. More experienced professionals provide mentoring for early career academics such as PhDs and post-doctoral researchers (and eventually, early career practitioners too). The early stage of an academic career comes with the challenges related to immersion in academic debates surrounding specific international development topics, while often simultaneously working on the ground with development programmes and/or with people involved in development issues. Grappling between these two worlds generates some unique requirements, and we believe that learning from the life and professional experiences of those who have a higher vantage point in the development field can provide a grounding and supportive environment, and help meet these requirements.

The benefits of mentoring have been widely applauded (Beltman & Schaeben, 2012; Dziczkowski, 2013; Ghosh & Reio Jr, 2013). However, there are limited mentoring opportunities specifically targeted towards female early career academics, especially in the complex field of international development. In facilitating a mentoring relationship between early career academics and practitioners through WOMID, we anticipate the following benefits:

#### For mentees:

- build confidence:
- gain a wider and more applied perspective;
- an enhanced understanding of the 'applied' relevance of their own research;
- · career advice; and
- · extensive networks.

## For mentors:

- access to cutting-edge research;
- benefitting through self-reflection and the opportunity to share experiences for the benefit of others;

- · forge strong links with academic scholars and institutions; and
- build potential for future collaboration.

We also envisage that the mentor/mentee designation will evolve over time into a reciprocal learning relationship, and may in many cases become more 'mentor-to-mentor'.

## **Bridging**

It is increasingly acknowledged that there is a gap in communication and information sharing between academia and international development practice, and that in order to create lasting and effective solutions to many of the world's problems, the two areas need to align and work more closely together (for a more detailed discussion on this, see a previous LSE Impact Blog here). WOMID has been developed with this challenge in mind and hopes to help bridge this gap by linking academics and practitioners in order to learn and share from each other, and to build a hub through which this two way exchange can continue and grow beyond the formal mentoring process.

In addition, the international aspect of WOMID provides south-south and south-north partnerships that are still, in our experience, relatively lacking in international development. We hope that WOMID will also help to bridge cross-cultural exchange, create transnational opportunities, and challenge perceived wisdoms on the direction of knowledge and power flows in international development.

## **Networking**

A central online forum and both online and offline events will create a supportive and professional network for all involved in WOMID. The forum will be accessible to all members to use for discussions, questions, and the sharing of opportunities. Events will be organised for group discussions, regional hubs around sectors or geographical foci, as well as informal social events. These will provide opportunities for all WOMID members to get to know each other outside of the mentoring pairing and to build lasting relationships. We strongly believe that there is a real need for women working in international development to have a friendly space for networking and socialising opportunities, which will allow them to develop supportive and useful connections, boost self-confidence in professional contexts, and learn from each other.

## **Sharing**

Through a widely accessible and active blog, WOMID will provide a space for sharing research findings, professional experiences, and reflections on international development as well as the WOMID mentoring experience itself. There will be regular posts from mentors and mentees across the world active in all sectors of international development and all stages of their careers, along with more targeted pieces on topical international development issues, and more exploratory posts driven by WOMID member-submitted questions.

Through all of the above, WOMID will share experiences and reflections across sectors and cultures, experiences and networks. By sharing the publicly-accessible blog on social media outlets, WOMID will also be reaching non-members and others in the international development field.

## Why women?

While we appreciate that many of the challenges that WOMID aims to address are also relevant to men researching and working in international development, there are several reasons why WOMID has been established as a women's initiative:

- International development is still a male dominated field especially in positions of leadership and power, and especially in developing countries. We are not aware of any comprehensive studies that assess this for the international development sector specifically (if anyone knows of any, please do link them in the comments below), so we looked into basic employment gender statistics for some high-profile international development organisations: incl. DFID, Oxfam, UNDP. Broadly, while the overall share of employment appears to be fairly evenly spread, the middle-management and senior positions tended to be male-dominated (see e.g. UNDP Gender Equality Strategy p.19 and DFID Diversity and Inclusion p.20), and issues such as sexual discrimination and harassment are often reported. See for example this case. WOMID is committed to supporting women in changing this status quo By demonstrating that the disadvantages women face across the globe are not inevitable, WOMID's women-to-women network rejects the status quo; WOMID responds to the challenges encountered by female early career academics and practitioners trying to work in development, and offers a way in which these challenges can be overcome.
- Women face a significantly higher number of considerations when working in international development, especially when working abroad in different cultures (Desai and Potter, 2006). These include (but are in no way limited to): safety, familial responsibilities, cultural sensitivities towards dress sense, the role of women in local societies, and other restrictions within patriarchal societies. We believe that having a platform to discuss these issues amongst other women facing them will be a valuable addition to the community.
- From speaking to many female colleagues, confidence issues are highly prevalent amongst women in
  international development and especially in early career academics. This affects a number of professional
  attributes and activities including, crucially, networking and 'leaning in'. This is exacerbated by activities such
  as the perception of networking as unfeminine and frequently dominated by more powerful and confident
  men (see Sheryl Sandberg's TEDx talk for further detail on this topic).
- Given the unique challenges and considerations that women face, we believe learning from other women's
  personal and professional experiences in these areas is a brilliant current strategy for addressing these
  issues.

We appreciate that men could equally benefit from a similar initiative. As WOMID is a young organisation, we are open to suggestions and collaborations on how this could be taken forward, including the possibility of expanding beyond the initial plan outlined here. Any male PhD students or post-doctoral researchers reading this who think they would benefit from a similar initiative, please get in touch! We do not intended to be a closed organisation and are actively looking at ways to ensure we feed our discussions back into the wider international development community.

#### What are our hopes for WOMID in the future?

- · We're launching in November!
- Women from all over the world have signed up but we'd like more! Sign up here.
- We're planning an online launch event or 'hangout' for everyone to meet, as well as more networking opportunities in the near future.
- We are applying to become a Charitable Incorporated Organisation with the UK Charity Commission and once established will be looking into funding sources for our growth and to further support our members.
- Eventually, we'd love to be able to have regional and sectoral "hubs" connecting practitioners and early career academics working on similar topics or regions, as well as a continued global presence.
- Evolve to provide support for 'early career women working in development' (both 'practitioners' and academics) from more experienced ones.

## Want to get involved?

Interested in becoming a mentor or mentee? You can find out more about what this involves on our website. Please register your interest by October 30th.

Any questions, you can contact us through our website, email us at thewomidteam@gmail.com, find us on Facebook, or follow us on Twitter or Instagram. We are also open to suggestions and advice on how we could improve our current approach so if you have any thoughts, please do share via any of the contact options above... We look forward to embarking on this journey together with you!

We are grateful to Padmini lyer who was immensely helpful in developing and writing the discussion around 'why women?', and is generally a brilliant source of support and wisdom. Thank you also to all those who kindly reviewed the post.

## Useful resources

Association for Women's Rights in Development (AWID)

AWID's companion sites

The Guardian's Global Development Professionals Network

## The Aspire Foundation

Note: This article gives the views of the author, and not the position of the Impact of Social Science blog, nor of the London School of Economics. Please review our Comments Policy if you have any concerns on posting a comment below.

#### **About the Authors**

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