Delivery type	All	Good news	Bad news	Neutral
Number of deliveries (%)	105 (100%)	46 (44%)	26 (25%)	33 (31%)
Mean weight change	-4.49 (-6.04	-4.78 (95% CI -	-5.93 (95% CI -	-2.93 (95% CI -
in Kg *	to -2.95)	7.52 to -2.04)	8.25 to -3.61)	5.63 to -0.22)
Difference in weight	-	-1.85 (95% CI -	-3.00 (95% CI -	Baseline
change, versus		5.27 to 1.56)	7.11 to 1.11)	
neutral*				
Difference in weight	-	1.15 (95% CI -2.67	Baseline	3.00 (95% CI -1.11
change, versus bad		to 4.97)		to 7.11)
news*				

Supplementary table 5 – Weight change in those participants who attended the weight loss programme.

Analysis using inverse probability weighting for missingness, adjusted for sex, ethnicity, age, weight at baseline, IMD score, with a mixed effects model with practice as a random effects term.

Weight changes measured at 12 months from baseline.

^{*}Marginal predicted mean